



## MENUS FOR JUNE 2017

### LINSDAY, MACGREGOR & WASHINGTON MENU

This institution is an equal opportunity provider. Menus are subject to change.

#### Thursday, June 1

Breakfast-Pick 2  
Cocoa Bread,  
Assorted Cereal or Honey  
Oats Gold Fish Crackers

Lunch  
Popcorn Chicken w/Roll  
Or  
"New" Bosco Stick  
w/Marinara Sauce

Green Peas & Carrots  
Applesauce

#### Friday, June 2

Breakfast-Pick 2  
"New" Powdered Donut  
Assorted Cereal or  
Animal Cracker

Lunch  
Sloppy Joe on a Bun  
Or  
Soft Pretzel w/ Cheese Cup

Pineapple Tidbits

### Available Daily

Breakfast-  
Everyday!  
Included : Milk,  
100% Juice or  
Fruit and Whole  
Grain items

All meals come  
with milk. Extra  
Milk is 55¢



#### Monday, June 5

Breakfast-Pick 2  
Banana Chocolate Chip Bar,  
Assorted Cereal or  
Cinnamon Bar

Lunch  
**Domino's Pizza**  
Or  
Chicken Chips  
w/Cheezy It Crackers

Broccoli  
Apple Slices

#### Tuesday, June 6

Breakfast-Pick 2  
"New" Blueberry Muffin  
w/String Cheese,  
Assorted Cereal or  
Elf Graham Crackers

Lunch  
Chicken Tenders  
Or  
Hot Dog on a Bun

Mixed Fruit

#### Wednesday, June 7

Breakfast-Pick 2  
Mini Chocolate Donuts,  
Assorted Cereal or  
Animal Crackers

Lunch  
Cheesy Bread w/Marinara  
Or  
Chicken Patty on a Bun

Cowboy Koday Salad  
Banana

#### Thursday, June 8

Breakfast-Pick 2  
Strawberry Poptart,  
Assorted Cereal or  
Honey Oat Goldfish Crackers

Lunch  
Chicken Leg w/Roll & Butter  
Or  
"New" Bosco Stick  
w/Marinara Sauce

Cheesy Potato Bake  
Strawberries

#### Friday, June 9

Breakfast-Pick 2  
"New" Chocolate Oatmeal  
Bar, Assorted Cereal or  
Graham Cracker

Lunch  
Corn Dog on a Stick  
Or  
Soft Pretzel w/ Cheese Cup

Really Really Green Beans  
Sidekick 100% Frozen Juice

## NUMBERS GAME.

30 SPF sunscreen provides about the same protection from sunburn and skin damage as higher numbers. What's important is to get good skin coverage, reapply at least every 2 hours (more frequently when swimming or exercising), and choose sunscreen that provides "broad-spectrum" or "UVA/UVB" protection.



**EAT BETTER. PLAY HARDER. LIVE HEALTHIER. LEARN EASIER.**  
**WELLNESS IS A WAY OF LIFE!**

#### Monday, June 12

Breakfast-Pick 2  
"New" Cinnamon Poptart,  
Assorted Cereal or  
Vanilla Graham Goldfish

Lunch  
**Domino's Pizza**  
Or  
Chicken Chips  
w/Cheezy It Crackers

Sunny Corn  
Peaches

#### Tuesday, June 13

Breakfast-Pick 2  
Dunkin Stick w/Yogurt,  
Assorted Cereal or  
Elf Graham Crackers

Lunch  
Spaghetti w/Sauce &  
Garlic Bread  
Or  
Hot Dog on a Bun

Lentil Salad  
Sidekick 100% Frozen Juice

#### Wednesday, June 14

Breakfast-Pick 2  
Banana Muffin w/Smore  
Backpackers,  
Assorted Cereal or  
Scooby Cracker  
LAST DAY OF  
SCHOOL !!!  
1/2 DAY Lunch  
Chicken Patty on a Bun

Crunchy Green Beans  
Apple Slices



**SUNDAY  
JUNE 18,  
2017**

**FATHER'S  
DAY**

