

Central HIGH SCHOOL
February LUNCH MENU

Stations Available DAILY	DAILY SPECIALS				
	Monday	Tuesday	Wednesday	Thursday	Friday
<u>South of the Border Station</u> Nachos Choice of two: Hot or Cold veggies, Lettuce Salad, Canned, Fresh Fruit or Ridgefield's Side Kicks Frozen Fruit Cup & Milk \$2.75	Soft Shell Tacos Or Hard Tacos With Black Beans	Chicken & Cheese Quesadilla With Refried Beans	Wet Beef Burrito With Spanish Rice	Chicken taco meat for Nacho's or Taco's With Refried Beans	Nacho's Supreme With Black Beans
<u>Taste of Italy & Asian Fare</u> Big Daddy Cheese Or Pepperoni Pizza Also choice of two: Hot Vegetable Lettuce Salad Fries or Potatoes Canned, Fresh Fruit or Ridgefield's Side Kicks Frozen Fruit Cup & Milk \$2.75 Asian \$2.50 Pizza	2 Bosco Sticks With Marinara Sauce Or Ravioli w/ Garlic Bread	TSO Chicken w/Rice & Bread Stick	Spaghetti Or Chicken Alfredo With Garlic Breadstick	Sweet & Sour Chicken With Rice Bread Stick	Happy's Pizza Or Grilled Cheese Or Macaroni & Cheese
<u>Fresh Creation Station</u> Made to order Sandwiches & Salad w/soup Also choice of two: French Fries Canned, Fresh Fruit or Ridgefield's Side Kicks Frozen Fruit Cup & Milk \$2.75	Chicken Caesar Salad Or Made to order Salad, Subs And Wraps	Hawaiian Chicken Salad Or Made to order Salad, Subs And Wraps	Taco Salad Or Made to order Salad, Subs And Wraps	South West Salad Or Made to order Salad, Subs And Wraps	Chicken and Cherry Salad Or Made to order Salad, Subs And Wraps
<u>Hot Off the Grill</u> Hamburger, Cheeseburger, Grilled, Breaded or Spicy Chicken Patty Also choice of two: Hot Veggie, Lettuce Salad, Fries or Potatoes, Canned, Fresh Fruit or Ridgefield's Side Kicks Frozen Fruit Cup & Milk \$2.50	Popcorn Chicken Or Double Cheese Burger	Chicken Philly Sandwich Or Bacon Cheeseburger	Chicken Nuggets Or Coney or Hot dog Or Sloppy Joe	Corn Dogs Or BBQ Beef Sandwich	Happy's Pizza Or Fish Sandwich Or Rueben Sandwich
Soups Available	Chicken Noodle Soup	Creamy Broccoli Soup	Potato Soup	White Chili or Chili With a Bread Bowl or Without	Creamy Tomato Soup
Accompaniments: Milk available with all meals Choice of Milk: 1% White Fat Free Chocolate Fat Free Strawberry	Breakfast: \$1.95 Lunch: \$2.50/\$2.75 Milk: \$.55 Reduced Bkfst: \$.30 Reduced Lunch: \$.40	Adult Breakfast Entrée only \$2.00 Meal \$2.50 Adult Lunch Entrée only \$2.80 - \$3.15 Meal \$3.80 - \$4.00	Lunches includes: One Entrée Choice of two: Canned or Fresh Fruit, Fruit Juice and Hot or Cold Vegetable and Choice of Milk	Ala Carte items also available daily priced from \$.25 - \$3.00 Ala Carte items are NOT included with Lunches	Reminder- Keeping a balance in your child's account eliminates the need to carry cash each day. NO CHARGING OF BREAKFAST

MENU ALSO AVAILABLE ONLINE AT www.bcschools.net * MENU SUBJECT TO CHANGE WITHOUT NOTICE

The USDA School Lunch Program is operated in accordance with USDA policy, which does not permit discrimination because of race, color, sex, age, handicap or national origin. Any person who believes that he or she has been discriminated against should write immediately to the Secretary of Agriculture, Washington, D.C. 20250.

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